



# International Student's Guide

University of Algarve International Relations and Mobility Office 2018/2019 v1

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# LIST OF ABBREVIATIONS AND ACRONYMS

### **AAUAIg**

Associação Académica da Universidade do Algarve / Student's Union

### **DCBM**

**Departamento de Ciências Biomédicas e Medicina** / Dept. Biomedical Sciences and Medicine

### **ESN**

Erasmus Student Network

### **ESEC**

Escola Superior de Educação e Comunicação / School of Education and Communication

### **ESGHT**

Escola Superior de Gestão, Hotelaria e Turismo / School of Management, Hospitality and Tourism

### **ESSUAI**g

Escola Superior de Saude / School of Health

### **FCHS**

Facultade de Ciências Humanas e Sociais / Faculty of Human and Social Sciences

### **FCT**

Faculdade de Ciências e Tecnologia / Faculty of Sciences and Technology

### FE

Faculdade de Economia / Faculty of Economics

### **IRO**

International Relations Office

### **ISE**

*Instituto Superior de Engenharia /* Institute of Engineering

### RU

Restaurante Universitário / University Restaurant

### SAS

Serviços de Acção Social / Health and Well-being Services

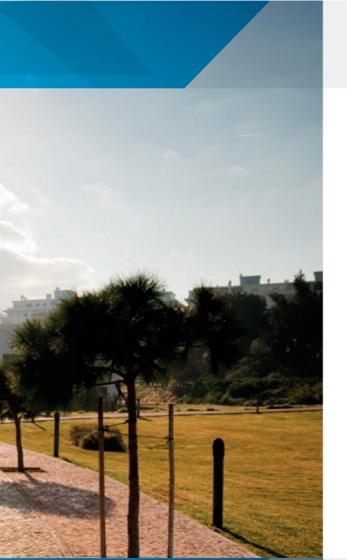
### **SEF**

**Serviço de Estrangeiros e Fronteiras** / Portuguese Immigration and Border Services Office

## UAIg

Universidade do Algarve / University of Algarve





# WELCOME to UAIg

On behalf of the entire International Relations Office (IRO) staff, I am very pleased to welcome you to the University of Algarve (UAlg). This may be your first visit to Portugal and specifically to Algarve and we are sure you have many questions. One of the aims of this guide is to answer some of those questions in order to ease your integration into the academic life.

The University of Algarve is proud to introduce itself as an open University, to foreign students, teaching staff and researches — after all, Algarve is Our Campus!

UAlg takes part in more than 200 bilateral agreement Erasmus+ inside Europe, and more than 200 general agreement around the world. We also participate in several projects under the Erasmus+ Programme.

This Student Guide was designed to provide you with general and useful information, and we recommend you read it attentively as it may answer your questions.

Please do not forget that we are always at your disposal to help you in your participation in our intensive academic and cultural life.

Marleni Pereira de Azevedo IRO Coordinator

## COURSE CATALOGUE

### UNDERGRADUATE

- > AGRONOMY
- > BASIC EDUCATION
- > BIOCHEMISTRY
- > BIOLOGY
- > BIOMEDICAL SCIENCES
- > BIOMEDICAL LABORATORY SCIENCES
- > BIOTECHNOLOGY
- > BUSINESS ADMINISTRATION
- > CIVIL ENGINEERING
- > CIVIL ENGINEERING POST-LABORAL
- > COMMUNICATION DESIGN
- > COMMUNICATION SCIENCES
- > CULTURAL HERITAGE AND ARCHAEOLOGICAL
- > DIETETICS AND NUTRITION
- > ECONOMICS
- > EDUCATIONAL SCIENCES AND TRAINING
- > ELECTRIC AND ELECTRONICS ENGINEERING
- > FOOD ENGINEERING
- > FOOD TECHNOLOGY AND SAFETY
- > HOTEL MANAGEMENT
- > INFORMATICS
- > LANDSCAPE ARCHITECTURE
- > LANGUAGES AND COMMUNICATION
- > LANGUAGES, LITERATURES AND CULTURES
- > MANAGEMENT
- > MANAGEMENT POST-LABORAL
- > MANAGEMENT PORTIMÃO
- > MANAGEMENT POST-LABORAL -PORTIMÃO
- > MARINE AND COASTAL MANAGEMENT
- > MARINE BIOLOGY

- > MARINE SCIENCES
- MARKETING
- > MATHEMATICS APPLIED TO ECONOMICS AND MANAGEMENT
- ➤ MECHANICAL ENGINEERING
- > MEDICAL IMAGING AND RADIOTHERAPY
- > MOVING IMAGE
- ➤ NURSING
- > ORTHOTICS AND PROSTHETICS
- > PHARMACY
- > PSYCHOLOGY
- > SCIENCE INFORMATION SYSTEMS AND **TECHNOLOGIES**
- > SOCIAL EDUCATION
- > SOCIAL EDUCATION POST-LABORAL
- > SOCIOLOGY
- > SPEECH AND LANGUAGE THERAPY
- > SPORTS > TOURISM
- > VISUAL ARTS

### INTEGRATED MASTERS

- > BIOLOGICAL ENGINEERING
- > ELECTRONIC ENGINEERING AND **TELECOMMUNICATIONS**
- > ENVIRONMENTAL ENGINEERING
- > MEDICINE
- > PHARMACEUTICAL SCIENCES

### **MASTERS**

- > ACCOUNTING
- > AOUACULTURE AND FISHERIES
- > ARCHAEOLOGY
- > BIOMEDICAL SCIENCES
- > BIOTECHNOLOGY
- > BUILDING SERVICES ENGINEERING
- > BUSINESS MANAGEMENT
- > CHEMICAL INNOVATION AND REGULATION -**ERASMUS MUNDUS**
- > CIVIL ENGINEERING
- > CLINICAL AND HEALTH PSYCHOLOGY
- > COGNITIVE NEUROSCIENCE AND NEUROPSHICOLOGY
- > COMMUNICATION DESIGN FOR TOURISM AND CULTURE
- ▶ ECOHYDROLOGY ERASMUS MUNDUS
- > ECONOMICS OF INNOVATION AND **ENTREPRENEURSHIP**
- > EDUCATIONAL PSYCHOLOGY
- > ELECTRICAL AND ELECTRONICS ENGINEERING
- > EMERGENCY AND CRITICAL CARE NURSING -**ERASMUS MUNDUS**
- > FINANCE
- > FINANCIAL ECONOMICS
- > FOOD TECHNOLOGY
- > GEOMATICS
- > HEALTH CARE SERVICES MANAGEMENT
- > HISTORY AND CULTURAL HERITAGES
- > HORTICULTURE
- > HOSPITALITY MANAGEMENT
- > HUMAN RESOURCES MANAGEMENT

- > INFORMATICS ENGINEERING
- > ISLAMIC AND MEDIEVAL MEDITERRANEAN HISTORY
- > LANDSCAPE ARCHITECTURE
- ➤ LANGUAGE SCIENCES
- > MANAGEMENT
- > MANAGEMENT AND EVALUATION IN HEALTHCARE TECHNOLOGIES
- > MARINE AND COASTAL SYSTEMS
- MARINE BIOLOGICAL RESOURCES ERASMUS EDUCATION AND OF MATHEMATICS AND NATURAL SCIENCES IN THE SECOND CYC
- > MARINE BIOLOGY
- > MARKETING MANAGEMENT
- > MATHEMATICS FOR TEACHERS
- > MECHANICAL ENGINEERING ENERGY, AIR-CONDITIONING AND REFRIGERATION
- > MOLECULAR AND MICROBIAL BIOLOGY
- > OCCUPATIONAL HEALTH AND SAFETY
- > ONCOBIOLOGY MOLECULAR MECHANISMS IN CANCER
- > PORTUGUESE AND SPANISH TEACHING FOR BASIC AND SECONDARY SCHOOL TEACHERS
- > PRÉ-SCHOOL EDUCATION
- > QUALITY IN ANALYTICAL LABORATORIES ERASMUS MUNDUS
- > QUALITY MANAGEMENT AND AGRO-FOOD MARKETING
- > SCHOOL MANAGEMENT AND ADMINISTRATION
- > SCIENCE OF EDUCATION
- > SOCIAL EDUCATION
- > SOCIAL GERONTOLOGY

- > SOCIAL, WORK AND ORGANISATIONAL PSYCHOLOGY
- > SOCIOLOGY
- > SPECIAL EDUCATION MENTAL AND MOTOR DISABILITIES
- > SUSTAINABLE MANAGEMENT OF RURAL AREAS
- > TAX MANAGEMENT
- > TEACHING IN THE FIRST CYCLE OF BASIC EDUCATION AND OF MATHEMATICS AND NATURAL SCIENCES IN THE SECOND CYCLE OF BASIC EDUCATION
- > TEACHING IN THE FIRST CYCLE OF BASIC EDUCATION AND OF PORTUGUESE, AND HISTORY AND GEOGRAPHY OF PORTUGAL IN THE SECOND CYCLE OF BASIC EDUCATION
- > TEACHING OF ENGLISH IN THE FIRST CYCLE OF BASIC EDUCATION
- > TEACHING OF PORTUGUESE AND ENGLISH IN THE SECOND CYCLE OF BASIC EDUCATION
- > TEACHING OF VISUAL ARTS AND TECHNOLOGICAL EDUCATION IN BASIC EDUCATION
- > TOURISM
- > TOURISM ORGANIZATIONS MANAGEMENT
- > TOURISM ECONOMICS AND REGIONAL DEVELOPMENT
- > URBAN WATER CYCLE
- > WATER AND COASTAL MANAGEMENT ERASMUS MUNDUS

### **DOCTORATES**

- > AGRARIAN AND ENVIRONMENTAL SCIENCES
- > ARCHAEOLOGY
- > BIOLOGICAL SCIENCES
- > BIOMEDICAL SCIENCES
- > BIOTECHNOLOGICAL SCIENCES
- ➤ CHEMISTRY
- > DIGITAL MEDIA-ARTS
- ▶ ECONOMIC AND MANAGEMENT SCIENCES
- > ELECTRONICS AND TELECOMMUNICATIONS ENGINEERING
- > INFORMATICS ENGINEERING
- > INNOVATION AND LAND USE MANAGEMENT
- > LANGUAGE SCIENCES
- > LITERATURE
- > MARINE ECOSYSTEM HEALTH AND CONSERVATION ERASMUS MUNDUS
- MARINE, EARTH AND ENVIRONMENTAL SCIENCES
- > MATHEMATICS
- > MECHANISMS OF DISEASE AND REGENERATIVE MEDICINE
- > PSYCHOLOGY
- > QUANTITATIVE METHODS APPLIED TO ECONOMICS AND MANAGEMENT
- > SOCIOLOGY
- > TOURISM

## **GRADING SYSTEM**

### **Grading System:**

1 to 20.

Fail: 1 to 9 / Approval: 10 to 20

### Grading systems of the institutions

P FARO02 – Description of the Institution's grading system.

The result achieved in a course unit whether through continuous assessment or in an examination, is generally expressed in a 0 to 20 grading scale.

The lowest passing grade is 10.

### **ECTS** credits:

1 full academic year = 60 credits 1 semester = 30 credits 1 trimester = 20 credits

### ECTS grading scale and definition:

**A - EXCELLENT** – outstanding performance with only minor errors

**B - VERY GOOD** – above the average standard but with some errors

**C – GOOD** – generally sound work with a number of errors

**D - SATISFACTORY** – fair but with significant shortcomings

**E – SUFFICIENT** – performance meets the minimum criteria

**FX - FAIL** - some work required before the criteria can be awarded

**F - FAIL** - considerable further work is required

## **IMPORTANT DATES**

### SEPTEMBER - 2018

03 – Beginning of the Orientation Week

07 – City holiday

16 – End of the Orientation Week

17 – Beginning of the 1st semester

### **OCTOBER - 2018**

05 – National holiday

### NOVEMBER - 2018

01 – National holiday

### DECEMBER - 2018

01 - National holiday

08 - National holiday

25 – End of the classes of the 1st semester

22 – Beginning of Christmas holidays

25 – Christmas Day

### **JANUARY - 2019**

01 - New Year

06 – End of Christmas holidays

07 – Beginning of the exam period of the 1st semester

### FEBRUARY - 2019

02 – End of the exam period and of the1s<sup>.</sup> semester

)4 - Beginning of the 2nd semester

## MOBILITY COORDINATORS

### **MARCH - 2019**

03 to 05 — Carnival holidays

### **APRIL - 2019**

15 - Beginning of Easter holidays

19 - Good Friday

21 – Easter

22 – End of Easter holidays

25 - National holiday

### MAY - 2019

01 - National holiday

06 to 11 – Semana Académica / Academic Week (Student's party)

25 – End of the classes of the 2nd

27 - Beginning of the exam period of the 2nd semester

### JUNE - 2019

10 - National holiday

20 - National holiday

29 - End of the exam period and of the 2nd semester

### **AUGUST - 2019**

15 - National holiday

### **Dept.Biomedical Sciences and Medicine**

Inês Araújo — Biomedical Sciences

Dina Gaspar – Medicine

mobdcbm@ualg.pt mobdcbm@ualg.pt

2.58 (Build.7.Gambelas *campus*) 2.58 (Build.7.Gambelas *campus*)

### **School of Education and Communication**

Rosanna Durão

mobesec@ualg.pt

88 (Penha campus)

# School of Management, Hospitality and Tourism

Paula Serdeira Azevedo mobesght@ualg.pt 31 (Penha campus)

### **School of Health**

Filomena Matos mobessualg@ualg.pt (Gambelas campus)

### **Institute of Engineering**

Conceição Ribeiro

mobise@ualg.pt
1.58 (Build.8.Penha *campus*)

### **Faculty of Human and Social Sciences**

Neuza Costa mobfchs@ualg.pt

1.33 (Build.1. Gambelas campus)

### **Faculty of Sciences and Technology**

Dina Simes mobfct@ualg.pt

2.34 (Build.7.Gambelas campus)

### **Faculty of Economics**

João Fragoso

mobfeualg@ualg.pt

2.64 (Build.9.Gambelas campus)

# **PORTUGAL**



Bordered by the Atlantic Ocean to the West and South and by Spain to the North and East, Portugal occupies the western part of the Iberian Peninsula and has two archipelagos in the Atlantic Ocean: Madeira and the Azores. The Tagus River (Rio Tejo) that rises from Spain divides mainland Portugal (Continente). The northern landscape is mountainous with several plateaus indented by river valleys, while plains characterise the southern area. including the Alentejo and the Algarve. Portugal's Exclusive Economic Zone (EEZ). a sea zone over which the Portuguese have special rights over the exploration and use of marine resources, has 1,727,408 km2, being the largest EEZ of the European Union and 11th largest in the world.

### **Brief history**

Portugal is one of the world's oldest countries. It became an independent nation in 1143 and has maintained its independence and national boundaries since the 13th century, except for a brief period under Spanish domination between

1580 and 1640. Being the pioneers of the Age of Discovery, Portugal established the first global empire in history, and the longest lived of the European colonial empires, from the capture of Ceuta in 1415 to the handover of Macau to China in 1999 (almost 600 years). Portugal became a republic on 5th October 1910 and is an established democracy today.

Portugal is a developed country with a high Human Development Index. It is a member of the European Union (since 1986) and the United Nations (since 1955); as well as a founding member of the Organisation for Economic Cooperation and Development (OECD), North Atlantic Treaty Organisation (NATO), Community of Portuguese Language Countries (Comunidade dos Países de Língua Portuguesa, CPLP), and the European Union's Eurozone. Portugal is also a Schengen state. According to the Global Peace Index, Portugal is the 3rd most peaceful country in the world (2017).

# **ALGARVE**

Due to its geographical location, the Algarve enjoys one of the best climates in Europe all year round, with only a short period of rainfall (normally between November and March), maximum temperatures varying between 15°C and 31°C, and long hours of sunshine (the highest in Europe). With fine white sand beaches all along its coastline and a calm sea with water temperatures of around 22°C in the summer, the Algarve is perfect for the so-called "beach tourism", although a wide range of different activities is offered.

This is why the Algarve, the southernmost region of mainland Portugal, is its most popular tourist destination, and one of the most popular in Europe. With an area of 5,411 km2 and a permanent population of approximately 451,117 inhabitants, its population triples in the summer season due to a high influx of visitors. In total, the Algarve receives almost 10 million people every year, including national visitors, out of which 7 million are foreign tourists.

The Algarve possesses two main urban centres: (1) the city of Faro, the capital of

the region, with an international airport, sports stadium, two university *campi* and the main hospital; and (2) the city of Portimão, Algarve's second main city and home to the University's third *campus*.

### **Brief history**

A chosen place of settlement for various groups of people, the Algarve derives its name from the Moors *AL-Gharb*, meaning "The West". This is but one clear example of the rich cultural heritage that the Moors left dotted across this region. The castles, fortresses, narrow roads and lacework-patterned chimneys are some of the other landmarks that have survived the passage of history.

Before the Moors, the Algarve received further valuable legacies. The *Ruínas de Milreu*, in *Estoi*, and the Roman *Villa Cerro da Vila*, in *Vilamoura*, are good examples of Roman civilisation and come fully equipped with visitor centres that illustrate the realities of everyday life many centuries ago. In 1249, King *D. Afonso III* of Portugal conquered Faro and began to use the title



of "King of Portugal and of the Algarve". The golden age of the Portuguese voyages of discovery placed the Algarve at the centre of some of the key events in those great adventures that opened up new worlds to the West. Setting sail from Lagos and Sagres were caravels of Prince Henry, the Navigator, and explorers such as Gil Eanes, a renowned Algarvian honoured for his daring feats.

## THE CITY OF FARO

Faro (fah-roo) is the administrative centre of the whole of the Algarve region with a population of approximately 60,000 inhabitants spread over 210 km2, of which 30% are integrated into the *Ria Formosa* Nature Reserve.

The county of Faro is bordered to the south by the Ria Formosa lagoon, a 19 km long system of barrier islands that communicates with the sea through six inlets, five of which are natural and have mobility characteristics, and one is an artificial inlet that was opened with the purpose of allowing easier access to the port of Faro. This system forms three main islands, which can be reached by boat, and are excellent places to enjoy pleasant days in contact with nature, enjoying boating, biking or walking. The local cuisine, the white sand beaches and balmy waters awarded with the "blue flag", in some places inhabited only by migratory birds. are aspects to discover on the islands of the Ria Formosa, with a high potential for nature tourism.



## **Brief history**

As an ancient city, Faro is to be (re) discovered. From pre–Roman origin, known at that time as *Ossonoba*, Faro was one of the most important urban centres of the southern peninsula. The city has both Arab and Roman ruins but most of the present attractive older buildings were constructed after the disastrous earthquake of 1755. Particularly attractive is the old part of the city surrounded still by the Roman walls, which date back to the 9th century.

Currently, due to its central role and as the regional capital, Faro has significant infrastructures and public services in the region. The airport handles more than five million tourists a year, the University

is internationally known in the fields of Marine Sciences, Tourism Management and Cultural Heritage, Health Sciences and Biotechnology, apart from the Central Regional Hospital and six secondary schools, all showing the central role of Faro in the whole region.

The city also has an attractive marina, well-maintained parks and plazas and an old town full of outdoor cafés and pedestrian lanes. Besides its museums and beautiful churches and chapels, Faro also boasts a vibrant nightlife.

To discover the city and its essence it is recommended to walk through the streets of Faro.

# THE UNIVERSITY

### **Historical Overview**

The University of Algarve (UAIg), as it stands today, arose from the union of two pre-existing institutions: UAlg. established under national legislation (law 11/79), and the Polytechnic Institute of Faro (established under law 513-T/79). The University of Algarve is somehow unique, as Faculties and Schools of both the university and the polytechnic coexist. UAlg's foundation underwent a long period of debate before finally receiving unanimous approval by the Assembly of the Republic (Assembleia da República) on January 16th, 1979. In 1982, the first UAlg rector, Prof. Gomes Guerreiro (1982-1986) was appointed, followed by Prof. Carlos Alberto Lloyd Braga (1986-1990), Prof. Doutor Jacinto José Montalvão dos Santos e Silva Marques (1990-1993), Prof. Eugénio Maria de Melo Alte da Veiga (1993-1997), Prof. Adriano Lopes Gomes Pimpão (1998-2006), Prof. João Guerreiro (2006-2013), Prof. António Branco (2013-2017). and Prof. Paulo Águas the current rector



since December 2017.

UAIg started its academic activities in 1983 offering at the time three degrees: Hortifruticulture. Marine Biology and Fisheries, and Business Administration. Following the approval of the Autonomy Law of Universities (Lei de Autonomia das Universidades), law 108/88, and given the need for a higher institution in the Algarve with the critical dimension necessary for the country and regional development, the Statutes of the UAIg were drawn up. Through the decree-law 373/88 and the Basic Law on Education (law 46/86) (Lei de Bases do Sistema Educativo), which opened up opportunities for greater articulation between the two subsystems – University and Polytechnic, the government called for a conjunctive management of the two institutions.

The Assembly, comprising faculty, staff and student representatives of Faculties and Schools, as well as representatives from common central services, passed the Statutes in 1991 and received subsequent approval by the Ministry of Education (legislative order 198/91).

This approval contributed to the government's agreement to creating a legal framework which encompassed this new developing reality, both in terms of heritage and human resources, bringing an end to the Polytechnic Institute of Faro (decree-law 241/92).

# **CAMPUSLIFE**

In 2001, the first University Statute amendment was published in the *Diário da República* (the Portuguese government's official gazette).

### **University Governance**

# **Governing Bodies**

- >General Board
- >Rector
- >Management Board
- >Academic Senate

The governing bodies are responsible for the management of several of the University's affairs.

### CAMPI

The University has three *campi*: Penha *campus* Gambelas *campus* Portimão *campus* 

Penha *campus* is situated in the centre of the city of Faro. There are three Schools:

# **School of Education and Communication** (*Escola Superior de Educação e*

Comunicação — ESEC);

### School of Management, Hospitality and Tourism (Escola Superior de Gestão, Hotelaria e Turismo — ESGHT);

**Institute of Engineering** (*Instituto Superior de Engenharia – ISE*).

Gambelas *campus* is situated 6 km from Faro and 2 km from Faro International Airport. There are three Faculties, one School and one Department in this *campus*:

**Faculty of Economics** (Faculdade de Economia – FE);

### Faculty of Human and Social Sciences (Faculdade de Ciências Humanas e Sociais - FCHS):

Faculty of Sciences and Technology (Faculdade de Ciências e Tecnologia – FCT); Health School (Escola Superior de Saúde – ESS);

# **Department of Biomedical Sciences and Medicine** (Departamento de Ciências Biomédicas e Medicina – DCBM)

Portimão *campus* is located, in the city of Portimão, near the train station square. Portimão is the second largest city in the Algarve and the campus developed out of the need for decentralisation.

### **LEARNING SUPPORT FACILITIES**

The teaching and research labs at the UAlg, all equipped with state-of-the-art equipment, are important resources for academic and experimentation activities. All of the *campi* offer specific classrooms, computer and multimedia labs, auditoriums, study and meeting rooms and wireless internet access.

### LIBRARY AND ARCHIVE

The UAlg has 2 documental units, one in each *campus*. These units acquire, handle, organise and provide bibliographic and documentary resources in several different formats in order to meet the demands of educational, scientific and research activity of the University and of the community. To better respond to these demands, the libraries are distributed throughout the University, allowing online library catalogue access (database of available resources). Visit: www.ualg.pt/pt/content/noticias-3

#### CONTACTS AND OPENING HOURS:

### Penha Library

Opening Hours:

Monday to Friday – 9h00 – 22h00 Saturday – 9h00 – 13h00

Phone: 289 800 100

Email: biblioteca@ualg.pt

### **Gambelas Library**

Opening Hours:

Monday to Friday – 8h30 – 20h00 Saturday – 10h00 – 16h00

Phone: 289 800 906 Email: biblioteca@ualg.pt

Erridii bibiloteed@ddig

### Library Portimão

Opening Hours:

Monday to Friday – 9h00 – 19h00 Phone: 282 417 641/282 418 036

Email: bibportimao@ualg.pt

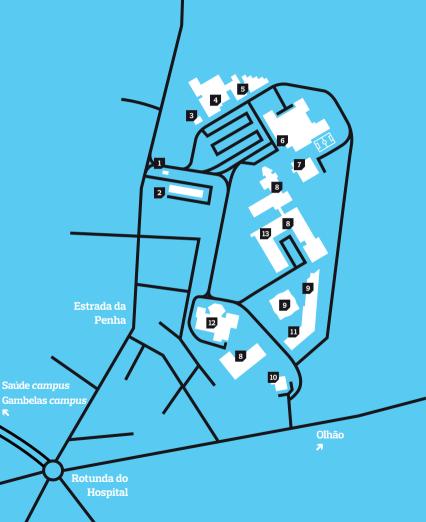
Note: Opening hours are subject to change during Christmas and summer holidays. Please check any changes.

### ONLINE KNOWLEDGE LIBRARY (B-ON)

Besides the resources made available in each of the libraries, the University offers b-on (online knowledge library) access. B-on access is available on all University network computers (recognition and access control performed through IP protocol). Users can access b-on through the University library website (www.ualg. pt/pt/content/noticias-3) or through the official b-on site (www.b-on.pt). Users have free access to full-text articles of main international journal publications. B-on allows online access to more than 22,000 electronic publications, breaking the barrier which in the past made accessing reference resources difficult. Besides gaining access to fulllength articles, other resources such as bibliographic references, catalogues, indexes, citation tools and other portals are available.



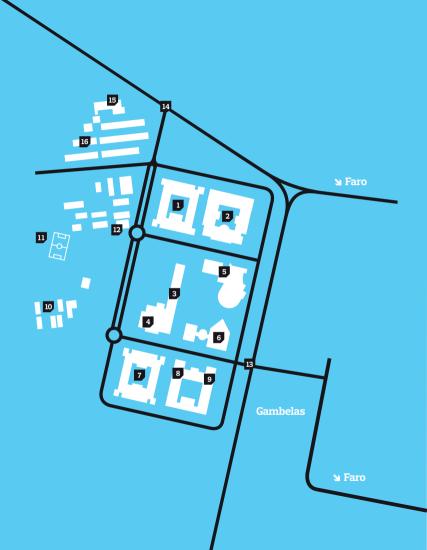
- Main Entrance
- 2 University Dorms
- Bank Caixa Geral de Depósitos
- School of Management, Hospitality and Tourism (ESGHT)
- 5 Academic Services
- 6 School of Education and Communication (ESEC)
- 7 University Restaurant / Health and Well-being Services
- 8 Institute of Engineering (ISE)
- Pedagogical Complex and Amphitheaters
- 10 Foundation for the Development of UAIg
- Library / Administration / Central Services
- 12 Technical Services
- Secretariat of the Student's Union (AAUALG)



# MAP GAMBELAS CAMPUS

- Faculty of Humanities and Social Sciences (FCHS)
  Amphitheater Teresa Júdice Gamito / IT Services
  Faculty of Science and Technology (FCT) / Health School (ESS)
- Faculty of Science and Technology (FCT) / Health School (ESS)

  Department of Biomedical Sciences and Medicine (DCBM)
- Pedagogical Complex
- Grand Auditorium
- Central Library / Rectory / International Relations Office
- University Restaurant (RU)
- Faculty of Science and Technology (FCT) / Health School (ESS) Center for Marine Sciences (CCMAR)
- Faculty of Science and Technology (FCT)
- Faculty of Economics (FE)
- o Greenhouse Researche Building
- 11 Sports Field
- 12 Academic Services
- 13 Main Entrance
- North Wing Entrance
- 15 Entrepeneurship and Tecnology Transfer (CRIA)
- 16 Hearing and Speech Therapy Laboratory (LATF)



# **UAlg**

# + HEALTHY - PLASTIC

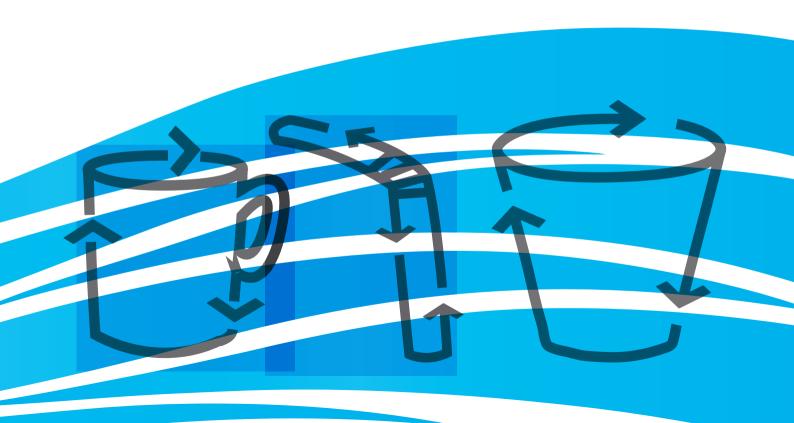
"UAlg + Healthy, - Plastic" contributing to a future "Plastic free" ocean and especially for a more sustainable environment for all of us and for future generations.

Use the special plastic bottle deposit points for those that must be used, these will later be transformed into raw materials for projects associated with the visual arts.

The use of disposable plastic in the arts and in particular, recycled plastic filament material is a contribute to the European Commission's Strategy – Plastic (adopted on January 16, 2018), with concrete incentives for innovation and competitiveness in new technologies and materials for better reutilization of plastics.



- the bar / canteen, otherwise you are drinking straws and coffee stirrers. encouraging the use of disposable material, which is harmful to the environment and society.
- > Always return the material used in > Refrain from the use of disposable
  - > Bring your own mug to the bar and ask for your drink, coffee or tea; this will reduce the amount of washing done in bars and the use of disposable material.



# UALG HEALTH AND WELL-BEING SERVICES (SAS)

#### Refectories & Cafe Bars

UAlg Health and Well-being Services (SAS) catering sector, provides diverse refectories located in the several campi. There are three on-campi refectories: at Penha campus - Administration Building: at Gambelas campus – Main Refectory Building and at the Health School, 2 grill restaurants at Penha and Gambelas campi, 7 bars, and 1 University Restaurant (RU) in Gambelas campus. Prices in all catering facilities are subsidised for the academic community. Thousands of meals are prepared daily in the SAS refectories and restaurants with guaranteed quality and diversity. The menus include a meat dish, a fish dish, a vegetarian dish and, in some cases, a diet dish supervised by a nutritionist. A full meal includes: soup, main course, bread, dessert (sweet or fruit) and beverage (water, milk or juice – dispenser machine).

The two largest refectories are located in Penha *campus* with 522 seats, and Gambelas *campus*, with 618 seats. At the SAS bars, the academic community can have light meals or drink a coffee in

between classes.

The catering sector also supports several initiatives and events carried out at UAlg throughout the year.

### **TIMETABLES**

### **Refectories and Restaurants**

Monday to Friday: lunch and dinner. Saturday: lunch only, in Penha *campus* 

In Gambelas *campus* meals can be served on weekends whenever found necessary by the event management teams.

Meal services are open from 12h00 to 14h00, for lunch, and from 18h15 to 20h15, for dinner.

### Cafeterias

Monday to Friday, from 8h30 to 17h30 and till 22H00 in the of ESGHT Cafeteria (Penha *campus*) and the Cafeteria in Portimão *campus*.

### **University Dorms**

UAlg Health and Welfare Services (SAS)

provide 9 university dorms, with 558 beds for undergraduate and master's students. Priority is given to students with social grants and regular students may benefit from remainder vacancies. The university dorms are located in Faro, Gambelas and Portimão and are arranged in apartments and residential buildings.

The university dorms are located near the *campi* and were laid out to provide students with the convenience and wellbeing necessary. Bedrooms are equipped with bed linen and towels.



There are kitchen appliances, a living and study room, TV and internet access. In addition, SAS has personnel in charge of maintenance and cleaning of common areas, bed linen and towels. All residences have washing machines to use for free.





Scholars and researchers (national and international) can also benefit from UAlg Health and Welfare Services. SAS provides 5 dorms. University dorms are a guarantee of decent accommodation, for affordable prices, in a sharing environment suitable for integration into academic life.

# Dorms for Undergraduate and Master's Students

Female Dorm Penha campus
Male Dorm Rua de Berlim
Female Dorm Albacor
Female Dorm Ferragial
Male Dorm Ferragial
Female Dorm Oásis
Male Dorm Montebranco (Lote O)
Mix Dorm Montebranco (Lote E)
Mix Dorm Portimão campus

### **Dorms to Scholars and Reserchers**

Dorm Avenida 5 de Outubro I Dorm Avenida 5 de Outubro II Dorm Edifício Rotunda Dorm Fundação da UALG Dorm Montebranco Lote O

### **University Medical Services**

When your registration at the University is complete, you will be able to use the University ambulatory medical services (Serviços Médico-Sociais) with a cost of 1€.

The Student Support and Welfare Services (SAS) offer healthcare in areas of general practice, nursing, psychology and nutrition counselling. The University maintains contractual agreements in areas of dental care, physiotherapy and chiropody. These services carry out a different type of tests, promote the prevention of sexually transmitted diseases and participate in a European project on drug dependence. This service is also a partner in a transnational observatory on drug prevention in higher institutions with an online information clinic offering advice and support on drugs and treatment.

Students can book an appointment at SAS Health Services for different specialities according to the following timetable:

# OTHER SUPPORT FACILITIES

# Clinical Psychology and Psyco-pedagogical counselling

Dr Jorge Andrez Malveiro (Further information: psicologia.dx.am)

### Appointments:

Monday to Friday – 14h to 17h

### **Medical Appointment**

Consultation bookings can be done by phone (+351) 289 826 347, from 14h00 to 17h00, or directly in the SAS Medical Services, located in the building of the University Dorm of Ferragial, in Faro, or you can contact our team and we'll make the appointment on your behalf.

### CONTACTS

Serviços de Saúde dos Serviços de Ação Social da Universidade do Algarve Address: Rua D. Teresa Ramalho Ortigão, Lote 17, nº 83, 8000 – Faro Phone: (+351) 289826347

Email: sassaude@ualg.pt

### **Facilities for Students with Special Needs**

The University has an Office to support students with disabilities and special needs. Students in this condition shall

inform the International Relations and Mobility Office (IRO) of any special requirements so that arrangements are made regarding their accommodation.

### CONTACTS:

Email: gaenee@ualg.pt

### UAlg V+ - Volunteers

The UAlg-V+ is a work group involving students, professors, employees and researchers of the UAlg organising volunteer activities to help the community. Students may be rewarded credits for their work in this group.

### CONTACTS:

Email: gvvmais@ualg.pt

Facebook: www.facebook.com/UAlg-Vmais-1677996035819475/

### Chaplaincy

Chaplaincy is a meeting and sharing space open to all to: Celebration of significant events and dates for the academic community and its members; Christian formation, reflection and debate; Action and social solidarity; Personalised service and emotional support.

### **Attendance**

Tuesdays, from 2:00 p.m. to 4:00 p.m., in the F1 room of the masonry pavilions. From May, the service will be held on Mondays, from 3:30 p.m. to 5:30 p.m.

### Meetings

One Thursday a month, at 19:15, in the F1 room of the masonry pavilions.

### Other Activities

Reflection meetings on current Church documents; Catechism group study of the Catholic Church (CIC); Volunteer actions

Chaplain: Canon César Chantre

### CONTACTS:

Phone: (+351) 924 259 335

Email: capelania@ualg.pt; cesar.chantre@gmail.com;

Blog: capelaniadaualg.blogspot.pt/ Facebook: www.facebook.com/capelania. daualg

# RESEARCH

The University of Algarve clearly follows a path of growing assertion at national and international level. Due to increased globalisation, its laboratories are open to the world, recruiting the very best young researchers across the various research areas of excellence that come to the University of Algarve for their postgraduate studies and for research. Therefore, the University of Algarve contributes every year with a large number of scientific results in a variety of fields ranging from Social Sciences to Technology, across basic sciences, Engineering and Medicine. From one area to the other, from one discovery to the other, the University of Algarve builds on its teaching and research excellence. Research at the University of Algarve is carried out in dynamic and prominent research centres, which produce innovation and benefit enhancing research and development in different fields such as Marine Sciences, Biology and Biomedicine, Electronics and Telecommunications. Literature, History, Communications, and Arts.

### **Research Centers**

**CBMR** – Research Center in Biomedicine **CCMAR** – Center of Marine Sciences

**CEOT** – Center of Electronics.

Optoelectronics and Telecommunications

**CIAC** — Research Centre in Arts and Communication

**CIEO** — Research Centre for Spatial and Organisational Dynamics

**CIMA** – Centre for Marine and Environmental Research

**CinTurS** Research Centre for Tourism, sustainability and well being

**CIQA** – Chemistry Research Centre of Algarve

ICAREHB – Interdisciplinary Center for Archeology and Evolution of Human Behavior

**MeditBio** – Center for Biological Resources and Mediterranean Food

More information available at: www.ualg.pt/en/unidadesid/todas



# **CULTURAL AND SPORTS ACTIVITIES**



### Student's Union

### The Student Union of the UAIg

(Associação Académica da Universidade do Algarve – AAUALG) is a representative body of all the students belonging to the institution and was founded in 1997.

The importance of sports and the physical

The importance of sports and the physical balance and psychological well-being of university students is a concern of the Student Union. For this reason, sports activities are under the auspices of the Student Union in close collaboration with the University and the Student Support and Welfare Services.

The Students Union Sports Department promotes all kinds of sports activities with very low prices for students. You can choose from *Salsa* to *Hip-hop*, from *Tai Chi* and *Yoga* to *Bujinkan*, from Basketball to Football.

The Sports Department of the Student

Union also organises water sports activities such as canoeing, windsurfing and sailing free of charge at the Nautical Sports Centre at Faro Island (Centro Náutico da Ilha de Faro).

Competitive sports include handball, women's futsal, women and men's volleyball and men's rugby. Federated teams (district championships) are active in men and women's basketball, men's futsal and men's football 11.

The Student Union also organises several important and well–known events, such as: >The **Semana Académica** (Student

Academic Week) in May with a broad

### programme;

- >The **Sports Festival** in September, in the streets of downtown Faro, with exhibitions and workshops on a variety of sports activities;
- >The **Sports Exchange Programme**, with national and international teams;
- >The Academic University Sports Federation **tournaments**, such as the Open Tennis, Volleyball and Beach Rugby tournaments; the Non-Federated National University Championships;
- >The University Student Union Mini-Half-Marathon.

More information available at: www.aaualg.pt.







Erasmus Student Network (ESN)
The UAIg has an Erasmus Student
Network (ESN) Algarve that was recently created (2013) but approved in the end of July 2014. Its mission is Students Helping Students and for that they:

>Work in the interest of international

#### students:

- >Improve social and cultural integration;
- >Represent their needs and rights;
- >Provide information;
- >Are with the student from the beginning until the end of their stay in the UAIg.

ESN Algarve organises several activities such as:

- >Movie nights (two times per month);
- >Puz quiz (every month);
- >Trips (Leiria, Porto, Lisboa and others);
- >Thematic Parties;
- >Picnic;
- >Beach sports;
- >International dinners.

For any kind of help regarding your arrival or accommodation please contact the ESN Algarve through info@esnalgarve.org

More information available at: www.esnalgarve.org

# Tunas (Traditional University musical groups)

Tunas are a special music group of students, usually from Universities. They dress up in a traditional costume that represents their University. The University of Algarve has the following groups:

- > Versus Tuna The UAIg's Academic Tuna
- >Feminis Ferventis The University of Algarve Women's *Tuna*
- >Real Tuna Infantina The University of Algarve's Co-ed Tuna
- >Tuna Bebes The Portimão campus Coed Tuna
- >Engatatunus The Portimão campus Men's Tuna









## The University Theatre Group

The *Sin-Cera* University Theatre Group has been running for about 16 years, having performed several plays, directed workshops and organised theatre courses. For over a decade, the theatre group has promoted a culture at the heart of the University and region.

### CONTACTS:

Email: sin.cera.ualg@gmail.com

Facebook: www.facebook.com/teatro.

sincera



### **RUA** – The University Radio of Algarve

The University Radio of Algarve (*RUA FM*), based at *Horta do Ferragial*, was the result of a partnership between the Student Union and the Rectorate. It commenced broadcast operations on FM102.7 in July 2003. Through original and creative programming, it aims to target not only the university public but also the whole of the Algarve community. The *RUA* website, available at <a href="https://www.rua.pt">www.rua.pt</a> broadcasts the University Radio of Algarve all over the country and worldwide.

### CONTACTS:

Address: Rua Teresa Ramalho Ortigão, 79B 8000-544 Faro

Phone: (+351) 289 822 297

Email: ruafm@rua.pt

Facebook: www.facebook.com/RUA.FM.102.7

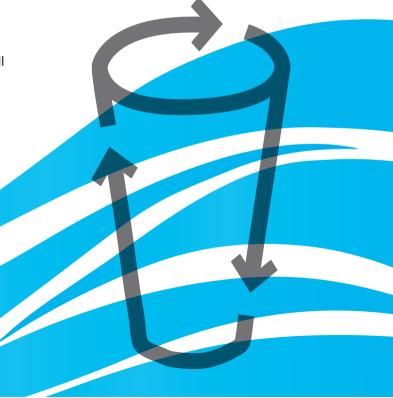
# UAlg + HEALTHY - PLASTIC

> Bring your own mug to the bar and ask for your drink, coffee or tea; this will reduce the amount of washing done in bars and the use of disposable material.

"UAlg + Healthy, - Plastic"contributing to a future "Plastic free" ocean and especially for a more sustainable environment for all of us and for future generations.

Use the special plastic bottle deposit points for those that must be used, these will later be transformed into raw materials for projects associated with the visual arts.

The use of disposable plastic in the arts and in particular, recycled plastic filament material is a contribute to the European Commission's Strategy – Plastic (adopted on January 16, 2018), with concrete incentives for innovation and competitiveness in new technologies and materials for better reutilization of plastics.





# STUDY@UALG

### **BEFORE COMING**

### **Application Procedures**

Students who would like to attend a short period of studies (up to one year) at the UAlg should contact the International Relations of their Home University for an official nomination. Only after this first step, will the IRO of the UAlg send them the link for the online Application Form, which should be filled in, signed and sent to us with all the requested documents:

- >Passport and/or ID document
- >Learning Agreement
- >Authorization Form
- >Transcript of Records
- >Curriculum Vitae

The authorization form is a document proving that your institution agrees with your application, and it follows a model provided in the application link.

### **Deadlines**

- >31 May for the 1st semester or full academic year
- >31 October for the 2nd semester

### **Travel Documents**

All citizens need a valid **travel document**. A travel document is a valid, recognised document that allows the holder to enter and leave Portugal. The validity of the travel document should always be for **at least 3 months longer** than the duration of the planned stay.

The travel document for citizens of the 28 member States of the European Union (EU) or of the European Free Trade Agreement (EFTA) may be either their **identity card** or **passport**. No visa or equivalent formality is required. For citizens of other countries, it must be a passport.

A **student visa** is an authorization issued by a Portuguese consular office, to be stamped in your passport, and allows you to study in Portugal. All non–EU students need a student visa in order to be registered in UAIg.

Please don't apply for a Schengen visa, as these are not student visas.

All citizens from non–European Union countries and EFTA need a visa. Therefore,

to legally enter and study in Portugal they must apply for a student visa at the Portuguese Embassy or Consulate in the country of origin or of residence.

Important: Depending on the duration of the stay, students will either renew the visa (stays up to 12 months) or apply for a Portuguese residence permit (stays of 12 or more months) at the Immigration and Borders Services in Faro (SEF — Serviço de Estrangeiros e Fronteiras).

For the student visa application at the Portuguese Embassy or Consulate in your home country or country of residence, you will need a **letter of acceptance** from the Director of the degree programme, Faculty or School, and/or a declaration from the International Relations Office of the UAlg. These letters will be essential to begin the visa application process, as well as your **passport with validity for the entire planned study period.** For more

information on documents needed for the visa application please contact the nearest Portuguese Consulate.

Important: Although Portugal is a signatory to the Schengen Treaty it is important to remember that a student visa obtained for one EU country is not transferable to another EU country. In the case of joint degrees, in which students have to move countries, a new application for a student visa for the new country is required. Foreigners admitted to the country for study purposes are not authorised to work. However. to the extent that it does not interfere with their studies, they may work for a limited amount of time by previously applying for the corresponding permit at the Immigration and Borders Service (SEF).

#### Insurance

Students must have full healthcare coverage insurance throughout their entire stay in Portugal.

Students from the **EU Member States or EFTA** are entitled to health care in the
Portuguese public health system but
must have the **European Health Insurance Card (EHIC)**, which may be obtained in the
student's country of origin before coming
to Portugal. It is only possible to use Health
Centres and Hospital emergency services
with this card or with a private health
insurance card.

**Brazilian students** should bring a PB4 form and **must formally register** at a Health Centre in Faro. If the holder of a private insurance this requirement is not necessary.

Other non-EU students with which Portugal has formal agreements regarding health care, students must consult in their own country the conditions and documents necessary for healthcare in Portugal.

All other foreign students from non-EU

countries **must have a private health insurance**.

### Accommodation

Although the University has limited places at the University Residences, mobility students may apply for accommodation when filling in the application form online, within the following time limits:

31 May for the 1st semester or full academic year

31 October for the 2nd semester

Booking should be requested in advance and is subject to confirmation.

It's advisable to book a room for 1 month only, during which the student will decide whether to continue in the hall of residence or not. Regardless the decision, that 1-month will be paid in advance and will not be refunded.

Rooms are double; kitchen, bathroom and other common spaces are shared.
All halls of residence have the household equipment, cutlery, and appliances. Bed linen is provided. Water, electricity, wifi internet and gas expenses are included in

the rental fee.

You should try and make travel arrangements so that your arrival is during daytime and on a weekday. This way if you need assistance, you will be able to contact University staff during working hours. The University offices are usually open to the public all working days until 17.30.

# Important: Please note that applying does not mean that you will get lodging!

Upon arrival, you can report directly to the residence. If you arrive late in the evening, you should notify us. The International Relations Office will provide you with all the necessary information/orientation. In Faro, it is not hard to find a suitable room, with prices varying between 100EUR and 150 EUR for a double room (shared) or between 150 EUR and 200 EUR for a single room. You should check local newspapers and clipboards in the various Supermarkets.

The **Erasmus Student Network** also has a list of rooms available for rent. Please contact them info@esnalgarve.org. If you are not able to have the confirmation for a University Residence Hall, arriving after working hours or during the weekend, here are the contacts of some affordable places where you can stay for a few days until you find a more permanent place:

Youth Hostel — faro@movijovem.pt Hostels in Faro – www.hostelworld. com/findabed.php/ChosenCity.Faro/ ChosenCountry.Portugal

### Academic calendar

Generally, the academic year is organised into two semesters:

- >1st semester, beginning in September and ending in December (exams term in January)
- >2nd semester, beginning in February and ending in May (exams term in June)
  Subjects may be a semester or year long and the exams are held at the end of each semester (January and June).

### Language requirements

The language of instruction of all bachelor programmes (1st cycle) is Portuguese. However, English is used in some Master and Doctoral programmes as the main language of instruction. Most academic staff speak English, and other languages and offer help with tutoring classes and/or bibliography.

For a programme fully instructed in English, proficiency in the English language is required for admission. Therefore, the standard level required of English, in the framework of the Common European Framework (CEFR) is **B1** minimum.

### **Portuguese Language Courses**

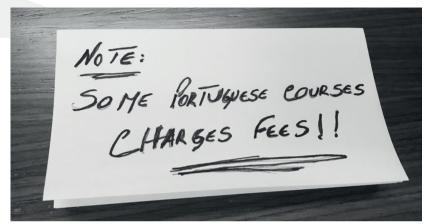
To be able to integrate into the daily local life, one needs to know the national language. Therefore, the UAIg organises Portuguese language courses at various levels and students are strongly advised to sign up for a course to learn the national language.

>Portuguese as a Foreign Language – 5 ECTS course, each semester. Aimed at all foreign students attending the University and wishing to learn or improve their knowledge of the language.

The Faculty of Human and Social Sciences organises every year the **Portuguese as a Foreign Language** (PFL) Summer Course. This course is divided into different proficiency levels in Portuguese equivalent to 5 ECTS accordingly to the European Credit Transfer and Accumulation System. All students will receive 60 hours of tuition focusing on Portuguese language and additional modules (20 hours in total) on Portuguese Film, Music, Culture and Literature.

Classes are held from Monday to Friday (9h30 to 13h00). School calendar includes guided tours and other cultural activities offering the opportunity to discover cultural features from Portugal and the Algarve. All cultural activities and modules will take place in the afternoon. Levels may vary according to the number of applicants. A detailed program will be made known at the beginning of classes. Most school outings are free of charge. However, an additional payment may be required.

For more information, please see: fchs. ualg.pt/home/en/content/ple-summercourse



### **CHECKLIST**

### Before coming ...

Make sure you have sent the following documents and they have been approved and accepted by the UAIg:

- > Application Form online
- > Learning Agreement

If you have been admitted to study at the UAlg, make sure that:

- > You have received a letter of acceptance by the UAIg — if requested.
- > You made proper accommodation arrangements

### Don't forget to bring with you:

- > Identity Card or Passport (valid for the entire study period)
- > European Health Insurance Card
- > 2 photos

If you are not an EU citizen make sure to bring with you:

- > Passport (valid for the entire study period)
- > Portuguese study visa
- > Private medical insurance
- > Declaration of home residence if you want to open a bank account in Portugal

### For long-stay studies, you should also:

> Make copies of all important documents:

passport, diplomas, insurance, etc.

- Make sure you have enough money (cash) to get settled.
- Certified copies of your qualifications obtained abroad (if applicable)
- > International Driving license if staying over 3 months.

Students travelling by car and staying in Portugal must bring the documents below. take them to Customs and request a circulation guide:

- >ID/Passport,
- > Driving License,
- > Car documents.
- > Proof of home address.
- > Green card insurance

If you don't own the car, you must also bring:

- > Permission from the owner to drive the car
- > Proof of owner's home address
- Copy of owner's ID/passport

Important: The start of the academic year is generally in the beginning of September. Be on time!!!

### ARRIVING® THE INTERNATIONAL **RELATIONS AND MOBILITY OFFICE**

To ensure the coordination and development of the international cooperation in an integrated way, the UAIg has an International Relations Office As its main function, the International Relations Office informs, accompanies and manages all international cooperation programmes in Higher Education, in which the University participates.

The International Relations Office develops, promotes and coordinates the international activities of the University. This involves, among other assignments, support and feedback to the university management on internationalisation issues, and developing agreements for the academic exchange and research cooperation. This Office works closely with Faculties and Schools for the development of, and support to, the internationalisation process, and articulates with internal and external services, managing all mobility programmes.

It provides information and advice on pre-arrival needs (visa information), arrival orientation (accommodation at the Student Support and Welfare Services (SAS), bank account, residence permit) and cultural integration (Portuguese language courses, welcome meetings, cultural events).

Students are strongly advised to inform the International Relations Office of the way of travel, date and time of arrival.

### Welcome to the University!

At the beginning of every semester, the UAIg organises an Orientation Week to help newly arriving students integrate into the University and get to know the city. Students are strongly advised to arrive in time to attend this event.

During the orientation week, students are helped to do their registration. Please try to keep your appointment time, in order to avoid gueues and long waiting times. Cultural activities are organised, such as boat trips and guided city walks. The Welcome Sessions present important

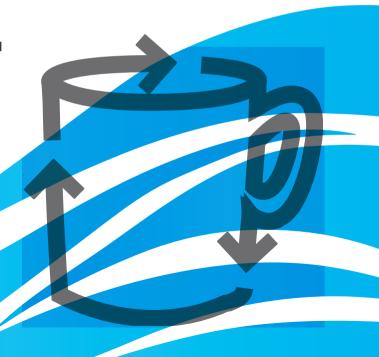
# UAlg + HEALTHY - PLASTIC

> Always return the material used in the bar / canteen, otherwise you are encouraging the use of disposable material, which is harmful to the environment and society.

"UAlg + Healthy, - Plastic"contributing to a future "Plastic free" ocean and especially for a more sustainable environment for all of us and for future generations.

Use the special plastic bottle deposit points for those that must be used, these will later be transformed into raw materials for projects associated with the visual arts.

The use of disposable plastic in the arts and in particular, recycled plastic filament material is a contribute to the European Commission's Strategy – Plastic (adopted on January 16, 2018), with concrete incentives for innovation and competitiveness in new technologies and materials for better reutilization of plastics.





# PRACTICAL INFORMATION

information on the University, the city of Faro and the Region of Algarve. Meetings of the students with their Mobility Coordinators take place.

# Don't miss the whole Orientation Week, as it is extremely important to make sure your academic year or semester runs smoothly!

The IRO also organises an **International Day** each semester, which aims to give incoming students the opportunity to show their home country to the international and national students.

# Registering at the University – International Relations Office (IRO)

Upon arrival, students should address the IRO <u>at their appointed schedule</u> and bring the following documents:

- >Letter of Acceptance and Learning Agreement (signed and stamped by Home University);
- >ID card or Passport;
- >European Health Insurance Card (EHIC) or a private medical insurance (if you are not an EU citizen) or PB4 for Brazilian citizens:

- >Portuguese Study Visa (for non-EU citizens, even for study periods less than 3 months);
- >Home contacts in case of an emergency;
- >2 photos;

### **Opening a Bank Account**

EU students must bring:

- > Valid ID/Passport;
- > Proof of address in home country, duly translated into Portuguese, English, Spanish, French, Italian;

NON-EU students must bring:

- > Valid passport and visa/residence permit;
- > Proof of address in home country, duly translated into Portuguese or English and authenticated (by a notary or Portuguese embassy/consulate)

### **Health Insurance**

All foreigners who are on Portuguese territory and who feel ill or need any kind of health care have the right to be attended in a Health Centre or in a Hospital (in the case of emergency). Without the health insurance, services having the right to refuse to treat them on the basis of any reason connected with nationality, lack of economic means, lack of legal status or any other.

Students from the European Union (EU) countries and the European Economic Area

(EEA) are covered by the European Health Insurance Card (EHIC), which entitles them to have access to the national social security system as any Portuguese citizen. In order to have access to this scheme, students should contact their own Social Security Office to have the respective card issued, before arriving in Portugal.

Students coming from outside the EU or EEA are required to contract an adequate health insurance policy covering the whole period of studies, including cover for hospitalisation and repatriation.

In addition, all students registered in UAIg are covered by a school insurance, covering accidents during academic activities.

### Shops

Open Monday to Friday: 09:00 – 13:00 / 15:00 – 19:00

There are also many shopping malls

From January to November, shops close at 13:00 on Saturdays; in December, they are open Monday to Saturday, from 09:00 to 13:00 and from 15:00 to 19:00.

with shops that are open from 10:00 to 23:00 (winter) and from 10:00 to 24:00 (summer).

### **Living Costs**

You should need around 200€/month for renting a room;

If you take your meals at the University canteens you should spend around 150€/month in meals;

If you use public transportation (Bus Proximo) you can buy a monthly ticket that costs 29,40€ (travel in the city and to Gambelas Campus – Bus 18 and 19) or 33,40€ (travel in the city, Gambelas Campus and Faro Beach – Bus 14, 16 and 17 during the summer break).

You can find the timetables at www. proximo.pt

### Taxis

Colour: beige or black and green. Fare lists must be displayed inside each taxi. Supplementary charges: increase by 20% at night between 22:00 and 06:00, and weekends; fixed a supplementary charge

for any luggage transported in the boot.

#### **Time Zone**

Continental Portugal and Madeira follow the GMT — one hour less than Continental European Time. In the Azores, it is one hour less than in Continental Portugal and Madeira. Legal hour changes twice a year — in March and in October.

### **USEFUL CONTACTS:**

**Faro Airport** // Aeroporto de Faro www.aeroportodefaro.com

Phone: (+351) 289 800 800

**Faro Train Station** // CP — Caminhos de Ferro Portugueses

www.cp.pt/passageiros/pt Telephone: (+351) 289 826 472

 $\textbf{Eva Bus Services in Faro} \ / / \ Transportes \ Eva$ 

www.eva-bus.com

Phone: (+351) 289 899 700

**Rede Expressos Services in Faro** // Rede Expressos

www.rede-expressos.pt/default.aspx

Phone: (+351) 289 899 700

Faro National Republican Guard // GNR www.gnr.pt/default.asp?do=

Phone: (+351) 289 803 179

Faro Public Security Police // PSP

www.psp.pt/Pages/pesquisa\_detalhe.asp x?menu=2&submenu=1&unidade=905

Phone: (+351) 289 822 022

**District Hospital of Faro** // Hospital Distrital de Faro

www.hdfaro.min-saude.pt/site/index.php

Phone: (+351) 289 891 100

Taxis:

Phone: (+351) 289 895 790

112 - National emergency number //

Número de emergência nacional www.112.pt/Paginas/Home.aspx

144 - National Emergency Line // Linha

Nacional de Emergência 144

www.cruzvermelha.pt/actividades/ emergencia-social/453-linha-nacionalde-emergencia-lnes-linha-144.html Health Line 24 // Linha de Saúde 24

www.saude24.pt/PresentationLayer/home\_00.aspx

Phone: 808 242 424.

Immigration and Borders Services in

**Faro** // SEF — Serviço de Estrangeiros e Fronteiras

TTOTICETTAS

www.sef.pt/portal/V10/EN/aspx/page. aspx

Phone 808 202 653 / 808 962 690

Email: dir.algarve@sef.pt

#### **EMBASSIES IN LISBON**

**Angola** 217 961 830 / 217 967 041/ 043

**Algeria** 213 016 356 / 213 016 357

**Argentina** 217 977 311 / 217 959 223

**Australia** 213 101 500

**Austria** 213 958 220 / 221 / 222

**Belgium** 213 170 510 **Brazil** 217 248 510

**Bulgaria** 213 976 364 / 367

**Canada** 213 164 600

**Cape Verde** 213 015 271 / 272 / 273

**Czech Republic** 213 010 487

Chile 213 148 054 / 213 524 680 / 213 538 516

**China** 213 928 440 **Colombia** 213 557 096

**Congo** 210 966 714

**Croatia** 213 021 033 / 053 / 077

**Cuba** 213 015 317 / 178

**Cyprus** 213 194 180

**Denmark** 213 570 124 / 213 554 615

**East Timor** 213 933 730 / 731 / 732 / 735

**Egypt** 213 018 301 / 323 / 342

**Estonia** 213 194 150 **Finland** 213 933 040 **France** 213 939 100

Germany 218 810 210 Great Britain 213 924 000 Greece 213 031 260 / 265 Guinea Bissau 213 030 440 Hungary 213 630 395 / 213 645 929

India 213 041 090 Indonesia 213 932 070

Iran 213 010 871 / 213 010 706

Iraq 213 960 944 Ireland 213 929 440 Israel 213 553 640 Italy 213 515 320 Japan 213 110 560

**Latvia** 217 815 120

**Libya** 213 016 301 / 302 / 303

**Lithuania** 217 990 110 **Luxembourg** 213 931 940

**Malta** 213 961 823 / 219 292 167

**Mexico** 213 839 680

Moldova 213 162 184 / 213 162 185

**Morocco** 213 020 842

**Mozambique** 217 961 672 / 217 973 513

**Netherlands** 213 914 900 **Nigeria** 213 016 189 / 191 **Norway** 213 015 344

Palestine 213 621 098 / 213 621118 Pakistan 213 538 446 / 213 538 547 **Panama** 213 642 899 / 213 644 576

**Paraquay** 217 965 907 **Peru** 213 861 552

**Poland** 213 012 350 / 213 014 200 / 213 018 639

**Romania** 213 960 866 / 213 968 812 / 213 966 463

**Russia** 218 462 324 / 218 462 424

**Santa Sé** (Vatican) 213 171 130

**Sao Tome and Principe** 218 461 917 / 918

**Saudi Arabia** 213 010 317 / 213 010 568

**Serbia** 213 015 311 / 312 **Slovakia** 213 583 309 **Slovenia** 213 423 301

**South Africa** 213 192 200 **South Korea** 217 937 200

**Spain** 213 472 381 / 382 / 383

**Sweden** 213 942 260

**Switzerland** 213 944 090

**Thailand** 213 014 848 / 213 015 051 / 213 015 151 **Tunisia** 213 010 330 / 213 019 170

**Turkey** 213 014 275 / 276

**Ukraine** 213 530 046

**Uruguay** 213 889 265 / 213 889 255 / 213 867 686

**USA** 217 273 300

**Venezuela** 213 573 803 / 213 573 865 For more information, please see: pt.livinginlisbon.com/pt/rubricas/items/lista-das-embaixadas-em-lisboa

### **CONSULATES IN THE ALGARVE**

**Angola** 289 897 100 **Austria** 289 512 878

**Belgium** 289 812 591

**Brazil** 289 096 193

**Canada** 289 880 888

**Cape Verde** 282 417 720

**Czech Republic** 289 804 478 **Denmark** 289 803 333

Estonia Republic 932 825 254

**France** 281 380 662 **Finland** 289 399 873

Germany 282 799 668

Great Pritian 282 400 75

**Great Britian** 282 490 750

**Italy** 289 588 094 **Mexico** 289 827 074 **Morocco** 289 587 960

Norway 282 099 162

**Poland** 968 059 595

**Russia** 829 845 966

**Slovakia** 919 262 545

**Sweden** 281 325 612

For more information, please see: www. visitalgarve.pt/visitalgarve/vEN/GuiaServicos/?categoria= 12&subcategoria=74

# CONTACTS

# STUDENT NOTES

University of Algarve
Universidade do Algarve

### Address:

Campus da Penha, 8005-139 Faro — PORTUGAL

Web: www.ualg.pt Email: info@ualg.pt

Facebook: Universidade. Algarve

Phone: +351289800100/+351289800900

## International Relations and Mobility Office Gabinete de Relações Internacionais e Mobilidade

### Address:

Campus de Gambelas, Edf 5 8005-139 Faro — PORTUGAL Email: international@ualg.pt

Facebook: UAlg.InternationalRelations/

Phone: +351289 800 003 Fax: +351289 800 025

# SCHEDULES

# 1st Semester Schedule

MON	TUE	WED	THU	FRI	Subject	Lecturer	Contact
	MON	MON TUE	MON TUE WED	MON TUE WED THU	MON TUE WED THU FRI	MON TUE WED THU FRI Subject	MON TUE WED THU FRI Subject Lecturer

# 2<sup>nd</sup> Semester Schedule

TIME	MON	TUE	WED	THU	FRI	Subject	Lecturer	Contact



International Relations and Mobility Office University of Algarve July 2018